



## Blood Sugar Control: Cardiovascular Protection

Improve blood sugar control while increasing circulation and decreasing vascular inflammation are key in protecting the heart and blood vessels against the damaging affects of elevated blood sugar.

Remedy	Dose	Daily Directions
Glucose Balancer	1 capsule	once to two times daily with food. Take a few hours before or after other medications.
SalvTonic	1 capsule	once to three times daily.
Quercetin Phytolipids	1 capsule	two times daily with food.

Glucose Balancer – for product description, see page 26.

### SALVTONIC

**Recommended dosage (adult):** 1 capsule up to three times daily. Safe to use long term.

SalvTonic contains a combination of herbs the provide multi-target protection for the blood vessels and cardiovascular system.

High blood sugar (glucose) levels can contribute to macro- and microvascular complications.<sup>14</sup> By increasing microcirculation<sup>15,16</sup> throughout the body, SalvTonic works to increase blood flow and circulation, slow down the occurrence and development of diabetic neuropathy<sup>16</sup>, and improve cholesterol levels (reduce total & LDL cholesterol, increase HDL cholesterol).<sup>17,18</sup>

In Traditional Chinese Medicine (TCM), the herbs in SalvTonic are used to invigorate blood, remove blood stasis and regulate Qi to alleviate pain in the chest due to stagnation of Qi and blood.

**Key Features:** Increase blood flow and circulation throughout the body, slow development of diabetic neuropathy, reduce total and LDL cholesterol, increase HDL cholesterol.

### QUERCETIN PHYTOLIPIDS

**Recommended dosage (adult):** 1 capsule twice daily with food. Consult a health care practitioner for use beyond 4 weeks.

Quercetin Phytolipids is a powerful antioxidant (flavonoid) that neutralizes free radicals and prevents oxidative damage. It works to reduce blood vessel inflammation and protect blood vessels and capillaries from oxidative damage.<sup>19,20</sup> In addition, it protects the pancreatic  $\beta$ -islet cells from oxidative damage and cell death.

**Key Features:** Cardiovascular protection, antioxidant, anti-inflammatory, decrease blood pressure, protect pancreatic  $\beta$ -islet cell.